



Holiday Hours:

December 10th: CLOSING EARLY AT 6PM FOR STAFF CHRISTMAS PARTY

December 23rd: Normal business hours (NO GROUP FITNESS or CHILDCARE)

December 24th: 10am – 3 pm (NO GROUP FITNESS or CHILDCARE)

December 25th: CLOSED

December 26th: Normal business hours (NO GROUP FITNESS or CHILDCARE)

December 27th: Normal business hours (NO GROUP FITNESS or CHILDCARE)

December 28th – 30th: Normal business hours with normal Group Fitness and Childcare

December 31st: Normal business hours (NO GROUP FITNESS or CHILDCARE)

January 1st: Normal business hours (NO GROUP FITNESS or CHILDCARE)

Kids Fit – EVERY WEDNESDAY AT 5:30pm \$5 / KID and \$3 / SIBLING

TEASER ALERT: WE WILL BE BRINGING BACK EVERYONE'S FAVORITE NUTRITION CHALLENGE! SIGNUP INFORMATION TO FOLLOW!

PLEASE CHECK US OUT ON FACEBOOK AND INSTAGRAM AND MYTHRC.COM FOR THE MOST UP TO DATE INFORMATION AND WOWs!